

# UNDERHILL SCHOOL NEWSLETTER



Tel: 020 8449 2423

Website: [www.underhillschool.org](http://www.underhillschool.org)

Thursday 9<sup>th</sup> March 2017

Twitter: @Underhillsch

Lunch Menu: Week 3

Children's Centre Timetable: <http://www.underhillschool.org/about-our-children-s-centre>

## PTA OWN CLOTHES DAY

Don't forget next Friday 17<sup>th</sup> March is Own Clothes Day. Wear your own clothes and bring £1 or an Easter egg!

The PTA are planning lots of exciting activities for the Easter Café on Thursday 30<sup>th</sup> March - if you would like to help out in anyway, please let the office know and one of us will be in touch. The Easter Café is raising money for the Sensory Garden that we are building in the school grounds along with Cherry Lodge.

## UNDERHILL 3 v SACRED HEART 1



The boys went into the football league game against Sacred Heart with fine form on the back of five wins. It was a well fought opening ten minutes between the two teams and it was

looking likely that this was going to be a tough test. After 15 minutes into the first half, Sacred Heart broke down the Underhill defence and made it 0-1. Straight from the kick off Underhill changed their formation and Tommy decided he wasn't happy with the scoreline. Five minutes later he scored and equalised for Underhill. After this goal the boys really switched on, their shape was looking good and their determination for a second goal was growing. Seconds before the first half whistle, Tommy played a controlled lobbed ball to Ryan, allowing him to make it 2-1 with a lovely volley.

At half time the boys knew they had to keep their shape and stay composed with a tough second half coming up. Sacred Heart came incredibly close twice in the space of five minutes but they were denied, thanks to the safe hands of Jamal. Battling on in the midfield, both teams were making this game difficult for the other but Tommy's lobbed pass, again to Ryan, saw Underhill make it 3-1 five minutes before the final whistle. The boys showed tremendous determination and attitude in the second half and they should all be extremely proud. This puts the boys on a six game win streak. Well done to all!

Tommy x1 Ryan x 2

Man of The Match: Ryan Mulligan

## SCHOOL TRIPS AND OUTINGS



As you will be aware, we organise trips and outings for the children here at Underhill. This helps with their learning and allows them to enjoy experiences that they might not normally have. The children really enjoy these trips. Whilst they often come with a small cost, we always try to keep it to the absolute minimum. We understand that sometimes it is hard for parents to pay for trips. If you are having problems making the payment or if you are unable to make the payment on time, please contact us.

Unfortunately if parents do not pay we have to look at cancelling the trips which means that all the children lose out.

Thank you for your understanding and support.

## SCHOOL LEAVERS

We are always sad to hear when a child leaves our school community. If your child is leaving, please can you complete a form which is available from the office. We may also ask that you come to a meeting at the school so we can gain feedback about your children's time at the school.



## ★ STAR OF THE WEEK (week of 13/02/17)

Beech	Sammy	3 Hornbeam	Naomi
Juniper	Lexie	4 Cherry	Harry
Maple	Freddie	4 Larch	Luxene
1 Willow	Georgia	4 Pine	Arleen
1 Oak	Emily	5 Holly	Max
1 Ash	Salman	5 Sycamore	Alfie & Marta
2 Chestnut	Lacey	5 Laurel	Ellis
2 Birch	Irmak B	6 Hawthorn	Alice
3 Cedar	Rhayssa	6 Redwood	Yolanda & Deanna
3 Yew	Jaiden	6 Elm	Jamal
3 Palm	Kyra		

## SWIMMING CONTRIBUTIONS



Please can we remind parent/carers to pay £10 per term or £30 per year. We are very lucky to have the pool and these contributions help to keep it running.

## DANCE FESTIVAL!



Last Thursday, 22 children from Years 5 and 6 represented the school at the Barnet Schools' Dance Festival at the ArtsDepot in North Finchley. They performed to a medley of Prince songs and were absolutely fantastic. Their dance was about a boy called Billy who had a lot going on in his mind. When he went to sleep, all his toys came to life in his bedroom. The behaviour of the children was excellent throughout the day and they did the school proud. Well done!

## RECEPTION & NURSERY

This week in Reception we are going on a number hunt! We are looking at front doors and car registration plates to use these numbers in our addition and subtraction sums.

Our new words are 'little' and 'one' and our new sounds are 'ure' and 'er'. Maple and Juniper classes are also looking forward to their visit the theatre this Friday.



In Nursery we are learning about the post office! We are writing letters and postcards and putting them into our Nursery post box.

We are learning that we can send and receive parcels in the post, so we are practicing wrapping parcels. The letter sound this week is 'g' for Grumpy Gorilla Gobbles Grapes!

## SCHOOL DATES FOR YOUR DIARY

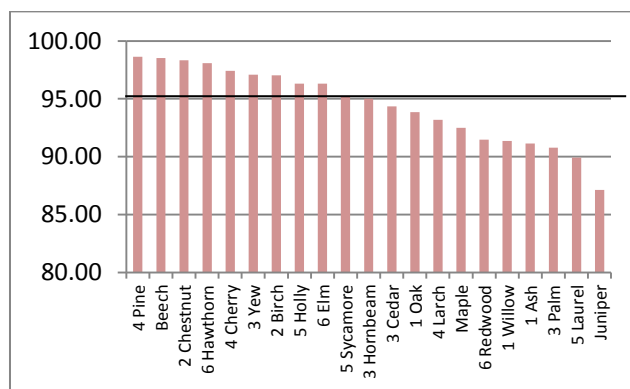
March 9 <sup>th</sup>	4 Cherry Cake Sale
March 10 <sup>th</sup>	1 Ash class assembly, big hall 9.05am
March 16 <sup>th</sup>	4 Pine Cake Sale
March 17 <sup>th</sup>	1 Oak class assembly, big hall 9.05am
March 17 <sup>th</sup>	Own Clothes Day: raising funds for the PTA Easter Cafe
March 24 <sup>th</sup>	3 Hornbeam class assembly, big hall 9.05am
March 30 <sup>th</sup>	Easter Café & Easter Egg Decorating Competition
<b>March 31<sup>st</sup></b>	<b>Last Day of Term</b>
April 19 <sup>th</sup>	Summer Term starts
April 28 <sup>th</sup>	5 Sycamore class assembly, big hall 9.05am
May 5 <sup>th</sup>	4 Cherry class assembly, big hall 9.05am
May 13 <sup>th</sup>	Family Portrait Day

## EASTER HOLIDAY CAMP AT CHRISTCHURCH SCHOOL

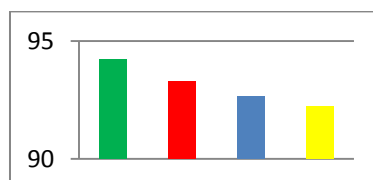


The Elms Holiday Scheme is running a Holiday Camp at Christ Church School in Barnet. It will offer a variety of sports activities and is available from 3rd April - 6th April. For more information please phone 0208 954 8787.

## ATTENDANCE



We had ten classes meet the government minimum target of 95.8%, which is three more than last week. Well done! A good attendance is key to your child's success at school so please ensure your child attends school whenever possible.



This week Windsor came top. Fantastic! However no House met the government minimum target. Let's see if a class can meet the government minimum target next week.

## SLEEP TIGHT: TIPS FOR A GOODNIGHT'S SLEEP

If your child has problems sleeping, please read the useful tips below.



- 1 Avoid sugary snacks and caffeine, particularly at supper time. Opt for alternatives like banana, porridge or wholemeal bread.
- 2 Think about the bedroom environment: is it calm and conducive to sleep?
- 3 Have a consistent routine that you follow every evening in the hour before bedtime.
- 4 Consider whether bath time is relaxing. If it isn't, separate it from the bedtime routine. If it is, have the bath 30 minutes before bedtime to allow the body temperature to rise and then drop again - this helps us feel sleepy.
- 5 No screen activity in the hour before bed including TVs, computers, phones or tablets.
- 6 Activities involving hand-eye co-ordination help the brain wind down before bed e.g. jigsaws or colouring in.
- 7 Have a set wake-up time, even at the weekend.
- 8 Provide your child with a visual cue so they know when it's time to get up, like a light on a timer. That

way they know it's time to sleep when the light is off.

Source: the Children's Sleep Charity

<https://www.theguardian.com/lifeandstyle/2017/mar/04/go-school-two-half-hours-sleep-british-children-arent-sleeping>